

# West Bloomfield School District

## Community Education Adult & Youth Classes

### Fall 2020



#### Community Education Office

Administration & Community Services (ACS)  
5810 Commerce Road  
West Bloomfield, MI 48324  
Phone: (248)865-6462

#### OFFICE HOURS:

Monday-Friday  
8:00 am-4:30 pm

#### REGISTRATION

EASY WAYS TO REGISTER

ONLINE at [www.wbcommed.org](http://www.wbcommed.org)

PHONE Accepted during regular business hours, 8:00 am-4:30 pm

IN PERSON at 5810 Commerce Road, West Bloomfield MI 48324

#### Class/Refunds

Contact the Community Education office regarding class concerns or refund requests. Since many classes need minimum enrollments to be held, a full refund is guaranteed **only** if we cancel a class. If you drop from a class, there is a **\$20 cancellation fee for a refund. You must cancel at least 3 business days before class/camp begins. No refunds after class/camp has begun.** Refunds will be processed/mailed within 21 business days. \$25 fee for returned checks. If the West Bloomfield School District closes due to weather conditions, Community Education programs will not be held. Updates will be on **WBTV Channel 19** or radio stations **WJR 760 AM** or **WPON 1460 AM**.

# YOUR GUIDE TO FALL FUN!

248-865-6462

West Bloomfield School District



## ADULT PROFESSIONAL DEVELOPMENT

### Online Certificates and Courses for Adults

Brought to you by: **Learning Resources Network (LERN)**

The courses are taught by experts, many of them with national reputations in their field. Full descriptions and instructor list can be found at [www.yougotclass.org](http://www.yougotclass.org)



### Certificate in Project Management Knowledge Areas

In today's business environment, there is a need for good project management. Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation.

#	Age	Day	Dates	Fee
2422	Adult	Online	11/2-11/27	\$195

### Certificate in Integrating Social Media in Your Organization

Take away a practical strategy and techniques for implementing a social strategy for your organization or business. See how Google Docs and Calendars work and how to use online video to further your business goals. Get your company listed properly on local search engines so more customers can find you. Develop a manageable workflow and get productivity tips to be more efficient. See what trends are on the horizon and where your goals fit with those new trends.

#	Age	Day	Dates	Fee
2431	Adult	Online	11/2-11/27	\$195

### Certificate in Improving Email Promotions

Discover new ways to improve your email promotions, including when to email, what to email, and testing email copy. Then find out how to analyze your email response rates, including getting the bench marks for open rates and click through rates. Learn how to improve your email promotion and responses with tracking and testing.

#	Age	Day	Dates	Fee
2426	Adult	Online	9/8-10/2	\$195

### Certificate in Online Advertising

Get the keys to making online advertising work for you and your organization. See how pay-per-click advertising with Google AdWords works. Find out how to test low budget Adword campaigns. Learn how you can target local audiences. Then discover Facebook advertising and how you can determine the demographics and even numbers of people you want to reach.

#	Age	Day	Dates	Fee
2444	Adult	Online	11/2-11/27	\$195

### Certificate in Cash is King

Cash is arguably the most important factor in business success. D&B reports 90% of all small business failures are due to poor cash flow—more money gets paid out than collected. It is the non-financial manager who really makes a difference in the day-to-day cash activities. Discover how to maximize cash flow, learn the importance of cash and find out your role in cash flow success.

#	Age	Day	Dates	Fee
2427	Adult	Online	10/5-10/30	\$195

### Certificate in Accounting and Finance for Non Financial Managers

Every successful person in the workplace utilizes financial information to aid effective decision making. Accounting and Finance for Non-Financial Managers explain the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career. Come away with the knowledge to analyze resource allocation and evaluate financial performance.

#	Age	Day	Dates	Fee
2443	Adult	Online	9/8-10/2	\$195

## ADULT SPECIALITY & ENRICHMENT

### Basic Dog Obedience Training for the Family Pet

**Location:** Abbott Middle School outdoor field

**Instructor:** Kat Kelly, Obedient Paws Dog Training

You and your dog will learn to work as a team. Your dog will learn everything they need to know in order to become a trusted, well-mannered member of your family. Your dog will learn to sit, walk with you, heel, and to come on command. A list of things to bring will be emailed to you.  
 Dog age: 9 weeks and older

#	Age	Day	Time	Dates	Fee
9099	Adult	Sat	1-2 pm	9/26-11/7 omit 10/3	\$115



### Basic Yoga

**Location:** Zoom

**Instructors:** Kelly Scott, Bound For Bliss

Find a sense of peace and well-being as you focus on using the mind, body and breath to release stress and tension in the body and the mind. Young adults and adults are welcome.

#	Age	Day	Time	Dates	Fee
8891	Adults	Wed	6-7 pm	9/30-11/4	\$75



### Home Selling and Buying Tips

**Location:** Zoom

**Instructors:** Mary Rettig, Associate Broker, RE/MAX Classic

Learn the ins & outs of preparing to SELL or PURCHASE a home/condo. An overview of selecting a realtor, preparing your home, steps in selling/buying and preparing your finances to make a move in today's real estate market.

#	Age	Day	Time	Dates	Fee
2325	Adults	Tue	6-8 pm	9/29 or 10/13	\$15



### Ancestry: Your Family Tree

**Location:** Zoom

**Instructor:** Jeff Hinkle

Are you interested in learning more about your family tree but don't know where to start? Genealogy is popular, but it can be overwhelming. Whether you are just getting started, or need an innovative approach, this class will provide you with the tools you need to make your family tree journey more enjoyable and successful. Young adults and adults are welcome.

#	Age	Day	Time	Dates	Fee
8892	Adults	Thur	6-8 pm	11/12	\$30



### Breathing and Meditation for Stress Relief

**Location:** Zoom

**Instructors:** Carrie Zarotney, Nurtured Healing

This on-demand video series offers participants the opportunity to learn how to let go of stress and help reset their sense of well-being.

Each on-demand video will provide a short lesson and two easy-to-use practices. Participants will gain an understanding of how their breath and mind are interconnected and how they change the course of their everyday experiences and reactions. The health benefits and science of meditation will also be shared.

**Who Benefits:**

This series is appropriate for adults who are tired and stressed, including those looking to reduce anxiety, be kinder, less reactive and those interested in starting a meditation practice. No prior meditation experience necessary.

*Nurtured  
=healing*

#	Age	Time	Dates	Fee
8888	Adults	45 min.	10/4-11/8	\$100

### Tidy Up with Kate Sood

**Location:** Zoom

**Instructor:** Kate Sood, Certified KonMari Consultant, Simply Tidy

Kate Sood, a certified KonMari organizer, will introduce you to the life-changing, revolutionary KonMari Method. The presentation will detail the KonMari Method and its curriculum to leading a tidy life. You will learn about the many benefits (both physically and mentally) of using this method to declutter and how to fold just like Marie! Young adults and adults.

#	Age	Day	Time	Dates	Fee
8893	Adults	M-Th	6:30-7:30 pm	10/27	\$30



### College and FAFSA Planning Virtual Workshop

**Location:** Zoom

**Instructor:** Will Alford, Education Planning Resources

Join us for an in depth view on how to navigate the college process. Learn about opportunities to save money by increasing your financial aid and how to complete the FAFSA correctly, leveraging it to your advantage so you maximize your financial aid.  
 Age: Young Adults

#	Day	Time	Dates	Fee
2038	Thur	6:30-7:45 pm	9/17	\$10
	Tue	6:30-7:45 pm	10/13	\$10
	Tue	6:30-7:45 pm	11/17	\$10
	Thur	6:30-7:45 pm	12/10	\$10



### PLEASE NOTE - FALL 2020

WE ARE FOLLOWING THE STATE OF MICHIGAN GUIDELINES FOR IN-PERSON INSTRUCTION. YOU CAN LEARN MORE ABOUT OUR RESPONSE TO COVID-19 AT WWW.WBSD.ORG/HEALTH-AND-WELLNESS/COVID-19-RESOURCES

## YOUTH MOVEMENT & ENRICHMENT

### Kids Yoga

**Location:** Zoom

**Instructors:** Kori Saxe, Peaceful Hearts Yoga

Six week series that introduces kids to yoga and teaches them mindfulness and yoga poses through fun adventures and yoga games. There will be storytelling, singing, movement, and fun!

#	Age	Day	Time	Dates	Fee
2396	5-8	Wed	4-5-pm	9/23-10/28	\$75

### Drama Kids

**Location:** Zoom

**Instructor:** Drama Kids

This online developmental drama course will include a wide range of creative and fun activities that promote the development, leadership, communication skills, and creative thinking. Classes will teach acting fundamentals like projection, articulation, dramatic movement and improvisation while engaging in active and imagination character building and group scene work. Students will learn from award winning curriculum, specifically designed for online learning. Drama Kids Online will continue to encourage kids to express themselves creatively while building self-confidence!

#	Grades	Day	Time	Dates	Fee
2330	2-5	M	4:30-5:20 pm	9/28-11/23	\$150
			5:30-6:20 pm		
		Tu	3-3:50 pm	9/22-11/17	\$150
			4:30-5:20 pm		
			5:30-6:20 pm		
		Wed	3-3:50 pm	9/23-11/18	\$150
			4:30-5:20 pm		
			5:30-6:20 pm		
		Thur	3-3:50 pm	9/24-11/19	\$150
			4:30-5:20 pm		

### Drama Kids

**Location:** Zoom

**Instructor:** Drama Kids

This online developmental drama course, exclusive to teens and tweens, will include a wide range of higher-level activities that promote self-expression, communication, and creative thinking. Classes will expand on acting fundamentals such as vocal basics, dramatic movement, and improvisation while diving deeper into more complex acting techniques like script analysis, character development and physicality. Students will learn from award winning interactive curriculum specifically designed to be experienced online.

#	Grades	Day	Time	Dates	Fee
2330	6-11	M	5:30-6:20 pm	9/28-11/23	\$150
			Tu		



### Musical Theater

**Location:** Zoom

**Instructors:** Sunset Theater Company

Learn musical theatre, acting, singing, dance and more! Be cast in multiple scenes and play multiple characters! Excellent for boys and girls of all levels. Taught by specialized industry professional teachers. All classes are password protected. Register at [www.sunsettheatrecompany.com/virtual-classes-fall-2020](http://www.sunsettheatrecompany.com/virtual-classes-fall-2020)

Be sure to include in the notes section: WBSD

Trolls

Age	Day	Time	Dates	Fee
6-10	F	6:30-7:30 pm	9/11-11/13	\$135

Matilda

Age	Day	Time	Dates	Fee
7-11	Sat	12:30-1:30 pm	9/12-11/14	\$150

Wicked

Age	Day	Time	Dates	Fee
11-15	Sat	1:35-2:35 pm	9/12-11/14	\$150

### Kids Drawing

**Location:** Zoom

**Instructor:** Young Rembrandts

Young artists will draw a delicious pizza, cool funky figure dolls, an intricate pirate ship and a playful scene of piglets at bath time! This class will be taught ON DEMAND. Class duration is approx 1 hour and have multiple views.

Materials requirement list is provided prior to first class.

4 class sessions, on demand, anytime the student chooses!

#	Age	Time	Fee
8000	6-12	Your choice	\$64



### Karate for Kids

**Location:** Zoom

**Instructors:** True Martial Arts

True Martial Arts kids classes are a fun and exciting way for your child to learn important life skills! We give them the tools they need to grow into positive young adults and beyond. Cost includes uniform.

#	Age	Day	Time	Dates	Fee
2125	7-12	Fri	4:15-5 pm	9/25-10/30	\$130

### AbraKadoodle EZ Draw

Learn how to draw and sketch what you see and even what you don't see! Learn a variety of techniques that make drawing both easy and entertaining.

#	Grade	Day	Time	Dates	Fee
9033	K-6th	Wed	3:30-4:30 pm	9/23-11/11	\$120

## YOUTH EMPOWERMENT

### Virtual Classes and Workshops

**Location:** Zoom

**Instructors:** Kids Empowered

#### Virtual Lego Fun

Must have a minimum of 25 Lego pieces to participate. Kids will learn team building and social skills while doing Lego creations. Through some fun Lego building competitions kids will learn the social skills of following directions, listening, the do's and don'ts of winning and losing, and managing frustrations. Zoom link will be sent prior to class.

#	Grade	Day	Dates	Time	Fee
9006	2-3	Mon	9/21, 9/28, 10/5	4-5:00 pm	\$30
9007	2-3	Wed	10/7, 10/14, 10/21	5:30-6:30 pm	\$30
9008	4-5	Tue	9/22, 9/29, 10/6	4-5:00 pm	\$30
9009	4-5	Thur	10/8, 10/15, 10/22	5:30-6:30 pm	\$30

#### Girl Power Self-esteem Workshop

Girls learn how to grow their friendships, self-esteem, and confidence. Workshops focus on building self-esteem and confidence!

#	Grade	Day	Dates	Time	Fee
9020	2-3	Sun	11/15	1-3 pm	\$35
9021	4-6	Sun	11/15	3-5 pm	\$35

#### A Parent's Tool Box for Kids with ADHD

Providing tools for mindfulness and frustration management. Session will be led by Drew Yanke, Psychotherapist, M.A., LLP. Drew leads Dragon Academy program for kids with ADHD. The last 1/2 of class will be reserved for Q&A.

#	Age	Day	Date	Time	Fee
9022	Adults	Tue	9/22	8-9:30 pm	\$25
9023		Tue	11/17	8-9:30 pm	\$25

#### Mother/Daughter Assertiveness Boot Camp

Does your daughter get bossed around a lot? Do they feel walked all over or feel left out? Girls will learn how to be assertive in voice, body language and words. They will learn how to deal with problems, conflicts and when someone is being unfriendly in an assertive way. Assertiveness is a critical social skill in dealing with everything from getting help, to standing up for yourself, setting your boundaries to following your DREAMS! This is a mother/daughter workshop; please register the daughter only. Zoom link will be sent prior to class.

#	Age	Day	Dates	Time	Fee
9025	6-8	Tue	10/6	6-7:30 pm	\$40
9026	9-11	Wed	10/7	6-7:30 pm	\$40
9027	12-14	Wed	10/7	7:30-9 pm	\$40



#### Big Feelings, Little People Parent/Child Workshop

Emotions are at an all time high. All around our kids are seeing people at their boiling points while struggling with their own big feelings. This series will help your kids identify feelings and strategies to manage their feelings. Kids will learn how to recognize when they are in a sticky situation. They will learn ways to calm themselves, problem solve and manage frustrations. Materials will be emailed. Last 1/2 hour is for parents only. Prior to class, you will receive instructions by email on how to access the class through Zoom. Please register the adult only.

#	Grade	Day	Dates	Time	Fee
9010	K-2	Sat	10/10	1-2:30 pm	\$35
9011	2-3	Sat	10/10	2:30-4 pm	\$35

## YOUTH MOVEMENT

### Ballet

**Location:** Zoom

**Instructor:** Tumble Bunnies

Ballet classes concentrate on being "lovely" and dancing like princesses and ballerinas. We teach poise, grace, balance and proper posture. Our ballerinas will learn steps to create a dance which they will perform on the last day of each session. We also emphasize stage presence, and movement to music which makes this class fun and a positive learning experience. Wear your tutus and ballet shoes girls.



#	Age	Dates	Fee
9059	3-5	9/14-11/2	\$85
	6-9	9/14-11/2	

### Cheer Bunnies

**Location:** Zoom

**Instructors:** Tumble Bunnies

Cheer Bunnies will introduce everything a cheerleader needs to know to be a great cheerleader. A variety of cheers, chants, jumps, mounts, and pom routines will be introduced. Knowing particular gymnastics skills is very important to be a successful cheerleader so we will include instruction of gymnastics skills necessary. This program improves self confidence, voice control, rhythm, posture, and overall coordination. The difference from the first day of class to the end of the class is remarkable. For both boys and girls.

#	Age	Dates	Fee
9060	3-5	9/14-11/2	\$85
	6-9	9/14-11/2	

### Music

**Location:** Zoom

**Instructors:** Tumble Bunnies

Tumble Bunnies will introduce your child to the wonderful world of music. The program will teach your child a variety of music types, how to read and count music, learn tempo and rhythm, all while using fun music, activity songs in a jam packed fun filled class! Please purchase these items prior to signing up: Egg Shaker (plastic egg with rice/beans inside, taped shut), a drum, finger cymbals, bells, tambourine, drumsticks and a triangle

#	Age	Dates	Fee
9061	3-5	9/14-11/2	\$85
	6-9	9/14-11/2	

### Gymnastics

**Location:** Zoom

**Instructor:** Tumble Bunnies

Classes filled with gymnastics specific warm ups and stretches. Let's test stamina by our across the floor skills. Challenging gymnastics moves that build strength, coordination, balance and most importantly.... FUN!! Want your kids to feel like a super hero and encouraged? Sign up and we will do just that. All you need is a soft surface and you're ready to go.

Age	Dates	Fee
9053 3-5	9/14-11/2	\$85
6-9	9/14-11/2	

### Zumba

**Location:** Zoom

**Instructors:** Tumble Bunnies

Kids will think they are at a dance party! Part aerobic, part dance - they will jump, shimmy, sway and salsa their way through body energizing movements that will keep them moving and jumping for joy.

#	Age	Dates	Fee
9055	3-5	9/14-11/2	\$85
	6-9	9/14-11/2	

### Hip Hop

**Location:** Zoom

**Instructors:** Tumble Bunnies

We have created hip hop dances to the latest music that kids love. They will be moving and grooving to all the newest hip hop moves to familiar appropriate music expressing themselves to the beats and sounds of each song. Great for learning rhythm, tempo, and also builds coordination. It's a great introduction to the wonderful world of music. High energy and fast paced classes will guarantee fun and learning for every child. Great for both boys and girls.

#	Age	Dates	Fee
9057	3-5	9/14-11/2	\$85
	6-9	9/14-11/2	

### All Sports

**Location:** Zoom

**Instructor:** Tumble Bunnies

Who needs a gym. We can do all these sports virtually. All you have to do is get the main piece of equipment for the sport taught that week and you will be all set. Each week is a different sport. Kids will learn all aspects of each sport in a fast pace, always moving class. Sport specific warm ups, skills and drills that will give them an edge. We have our own NHL hockey player from the Vegas Golden Knights in our hockey videos and Top Division 1 Women's lacrosse players in our lacrosse videos and so much more. Professional drills to teach your child each sport while having FUN!! Hockey, baseball, football, lacrosse, bowling, tennis, basketball, track & field, soccer, volleyball, golf!

#	Age	Dates	Fee
9054	3-5	9/14-11/2	\$85
	6-9	9/14-11/2	



## ADULT EDUCATION

## PREK, CLOUD CARE & KIDS KLUB



J & S Office Center  
7071 Orchard Lake Road Suite 100

### ENGLISH AS A SECOND LANGUAGE

FREE CLASSES START SEPTEMBER 8TH! (end December 16th)

ALL STUDENTS MUST BE MASKED, COVID-19 SYMPTOM FREE AND HAVE NOT TRAVELED INTERNATIONALLY FOR 14 DAYS

Monday, Tuesday, Wednesday, Thursday  
(students choose Monday & Wednesday or Tuesday & Thursday)

6:30 - 9:00 PM

Beginner, Intermediate, Advanced

OR

Monday, Tuesday, Wednesday, Thursday  
(students choose Monday & Wednesday or Tuesday & Thursday)

9:30 - 12:00 Beginning students only

### TUITION DAYTIME CLASSES

September 14th - October 23rd

Advanced English  
Monday & Wednesday 9:30 am - 12:00 pm \$225

Pronunciation and Conversation  
Tuesday & Thursday 9:30 am - 12:00 pm \$225

Book Club (12 weeks)  
Monday 12:30 - 3:00 pm \$225

For more information contact  
**Melissa McDonald**  
(248)539-2390  
melissa.mcdonald@wbsd.org



### PRESCHOOL ACADEMY Early Childhood Programs

-Free Preschool, Great Start Readiness Program is a tuition-free, state-funded program for qualifying families.

-Three and Four Year Old Preschool

### CLOUD CARE

In an effort to provide assistance to families as we prepare for the 2020-21 school year and our blended instruction model for grades K-8, we are proud to announce Cloud Care in both the mornings and afternoons at our schools.

Call (248) 865-6468

### KIDS KLUB

Kids Klub is located at ALL Elementary Schools  
Doherty, Sheiko, Roosevelt, Gretchko, & Scotch

Tween Time is located at Abbott

For more information contact  
**Collette Goestenkors**  
(248) 865-6468  
collette.goestenkors@wbsd.org

