# GRETCHKO ELEMENTARY NEWSLETTER

**NOVEMBER 8, 2019** 



# **EARLY RELEASE - NEXT MONDAY, NOVEMBER 11TH**

Please mark you calendar for the next two weeks - we will have Early Release days - students will be dismissed at 3:07 p.m. the following Mondays.

Monday, November 11th Monday, November 18th

# **PAJAMA DAY TOMORROW - TURKEY \$\$ DRIVE**

Friday, November 8th, Gretchko School will hold a special fund raising *full-school Pajama Day* to help the Oakland County Lighthouse. Funds will be donated to help the Lighthouse purchase turkeys and other perishable items for those in need. *We are asking for \$1.00 per student for the Pajama Day*. Also, please review the list below for our annual Food Drive. Our Food Drive runs from November 4 - November 13th. Thank you in advance for your participation.



# **Gretchko Food Drive**

### LIGHTHOUSE EMERGENCY SERVICES THANKSGIVING FOOD DONATIONS

We are sponsoring a food drive at Gretchko to assist the efforts of the Oakland County Lighthouse Emergency Services Thanksgiving Project. The Lighthouse provides Thanksgiving meals for families in our area. Our FOOD DRIVE will run from **Monday**, **November 4—Wednesday November 13<sup>th</sup>**. We have requested each classroom bring in different items needed for the Thanksgiving Baskets and food pantry. Please see the list below for items. In addition, on **Friday**, **November 8** we will be asking families to donate \$1 and have students wear pajamas for an all school pajama day. The money collected will be used to purchase turkeys for families in need! Thank you!

> Canned Vegetables (red, yellow, green)- Ms. Barker, Mrs. Smith Macaroni & Cheese (boxed)- Mrs. Lewis Muffin Mix- Mrs. Risden Soup/Broth-Mrs. Bairski Canned Tuna/Chicken- Mrs. Wild Potatoes (canned or instant)- Mrs. Sizemore Sweet Potatoes (canned)-Mrs, Pace, Mrs, Williams Canned Fruit/ Cranberries- Mrs. Humphrey Beans (all varieties)- Mrs. Reed Pasta Sauce-Mrs. Merglewski Cake Mix- Mrs. Geottes/Kirk Dry Pasta (spaghetti, elbow noodles, etc)- Mr. Jamison Peanut butter - Mrs. Avar Jelly- Mrs. Costello Gravy- Mrs. Hammerick Stuffing- Mrs. Pawlaczyk Rice (all varieties) - Mrs. Hans, Mrs. Gough



# DO YOU WANT THE MONARCH BUTTERFLY TO BE THE STATE INSECT?

Our second



# **IT'S THAT TIME OF YEAR!**

When hats, coats, scarves are being used by our students. We would like to be proactive and remind parents to be aware of a health issue that impacts many students between the age of 4 - 8 years-old. You guessed it - Lice! Oakland County recommendations have changed over the

years and we no longer check students heads for lice. We are asking parents to be proactive and review the following documents from the Oakland County Health Department for recommendations.

### **Head Lice**



### What You Need to Know

#### What are Head Lice?

Head lice are tiny insects 1/8" long that live on the human head. Color varies from light to dark tan.

They do not jump or fly, but crawl from hair to hair and feed on blood several times a day. Head lice are found exclusively on the scalp, eyebrows and eyelashes of people. The eggs can often be seen near the part, around and behind the ears and near the neckline at the back of the head.

### Who can get Head Lice?

Anyone can get head lice regardless of their personal hygiene practices. Head lice is most common in pre-school and elementary school age children, and household members of infested individuals.

### How do you get Head Lice?

Head lice can be passed from one person to another in a number of ways:

- Head-to-head contact is the most common way.
- Sharing items like combs, brushes, towels, bedding, hats, helmets, coats, scarfs, ribbons and barrettes, and stuffed animals.
- Placing heads on furniture, rugs, pillows, or car seats recently used by someone with lice.

### What are the signs & symptoms?

Tickling feeling in the hair.

- An itchy head, especially around the ears and back of the neck. Lice eggs are smaller than sesame seeds and are called "nits." Unlike dandruff and other matter, nits are tightly attached to the hair shaft, often within a ½ inch of the scalp. Nits can vary in color including white, gray, yellow, tan or brown.
- Nits can be found on any hair and hatch in 8-9 days.
- Adult lice are about the size of a sesame seed and may or may not be seen on examination.

### How long is the person contagious?

Until lice and nits are destroyed.

### Are there complications?

Skin infections may occur from scratching. Head lice do not spread illness or disease.

### Is there a treatment for Head Lice?

There are several prescription and over-the-counter head lice products available through your healthcare provider or drugstore. Oakland County Health Division does not endorse any specific brand or product.

#### **Treatment steps**

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- Wash hair with a cleansing shampoo that does not have conditioners, fruit, vegetables or protein added.
- Apply lice treatment according to package directions (do not use in shower or bathtub).
- Rinse out lice product (do not shampoo hair).

- Do not apply conditioners, gels, hair sprays or other hair products.
- Towel dry with a clean towel (not the one used before treatment). Remove all nits using nit comb, fingernails or by pulling from strands of hair. Work in an area with good availability and light. Put removed nits directly in a lined trash container and discard after removing lice.
- For most treatment products, a second treatment is required in 7-10 days to kill newly hatched lice.
- Follow product directions.
- Check each family member's head daily for 14 days, and re-treat if lice or nits are found (include all households where infected person has slept in the previous 2 days). Call all people who have recently been in contact with the infested person: school,
- babysitter, latchkey, friends and relatives. Swimming or washing the hair within 1-2 days after lice treatment may make some
- treatments less effective.
- Seek the advice of your healthcare provider or contact Oakland County Health Division.

### How do I avoid Head Lice?

- Do not share combs, brushes, bandanas, ribbons, barrettes, hair ties, hats, caps, scarves, headsets, towels or any other personal headgear.
- Do not try on other people's hats (even in department stores).
- Hang coats separately and place hats and scarves inside coat or lacket sleeves. . Clean or disinfect shared headgear (such as helmets) with Lysol or rubbing alcohol before it is used by others.
  - Regularly check your child's head for lice.
  - Avoid head-to-head contact at school (in gym, on the playground, etc.) and while playing at home with other children.
  - Do not lie on bedding, pillows, carpets or upholstered furniture that have recently been used by someone with lice.

### **Cleaning steps**

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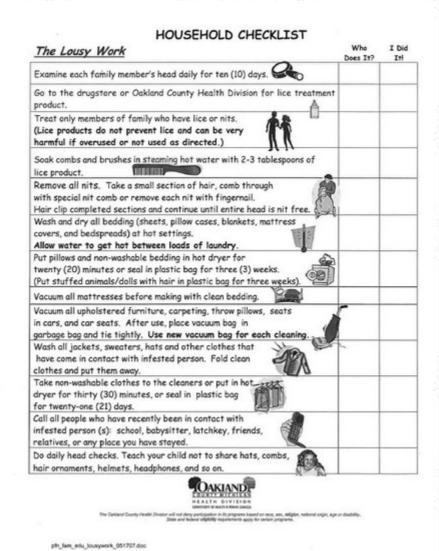
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- Remove hair from combs and brushes then soak in hot water (at least 130°F) for 5-10 minutes or soak in Lysol or rubbing alcohol for one hour.
- Wash and dry all bedding (sheets, pillow cases, blankets, mattress covers and bedspreads) at hot settings (130°F or more). Allow water to get hot between loads of
- laundry. Put pillows and non-washable bedding in hot dryer for thirty (30) minutes or seal in plastic
- bag for two (2) weeks. Put stuffed animals and dolls in a sealed plastic bag for two (2) weeks or 24 hours in below freezing temperatures. Vacuum all mattresses before making the bed with clean linens.
- Vacuum all upholstered furniture, carpeting, throw pillows, seats in cars and car seats. Use of insecticides is not recommended on vehicle seats and child safety seats.
- Fold clean clothes and put them away.
  - Take non-washable clothes to the cleaners, put in a hot dryer for thirty (30) minutes or seal in a plastic bag for two (2) weeks or 24 hours in below freezing temperatures.

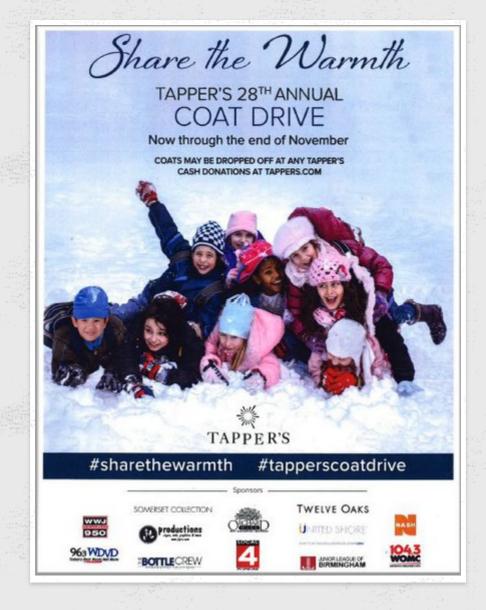


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# GRETCHKO IS HELPING TAPPERS WITH THEIR 28TH ANNUAL COAT DRIVE

Through the month of November Tappers is collecting coats, snow suits other winter items. Gretchko School is assisting the drive by having a collection box at school. You can drop your new or gently used items in the large box in our lobby or go to #sharethewarmth #tapperscoatdrive to participate. Thanks in advance for your help!



# **UNITED WE WALK - BUTTON CONTEST**

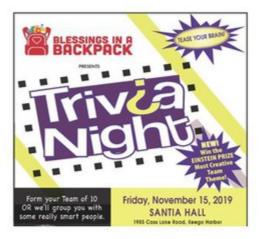
Our district's United We Walk Committee will be celebrating 26 years of service in the community. The 2020 theme is "The Time is NOW to Do What is Right". **The deadline to submit button designs is Nov. 29**. Please find <u>the official entry form here</u> and contact <u>Jennifer Graham</u> for more information



SUBMIT TO: Jennifer Graham Roosevelt Elementary School

For more information, email Jennifer.Graham@wbsd.org

# **GREAT NEWS - TRIVIA NIGHT SOLD OUT!**



### THANK YOU WEST BLOOMFIELD

### FOR SUPPORTING

### BLESSINGS IN A BACKPACK!!

We only have three single seats, one set of two seats and one set of four seats left

-OTHERWISE WE ARE

# SOLD OUT!!!

If you are interested in these seats or have reserved a ticket but not yet paid for it, please call 248 521 0074. You can no longer buy tickets online.

# **CONFERENCE SIGN UP ON SIGN UP GENIUS**

Parent teacher conferences are scheduled for **Thursday**, **November 14**, **and Friday**, **November 15**. Mark your calendar! Don't forget to visit Sign Up Genius to schedule your student's parent teacher conference.

LINK BELOW HAS BEEN REVISED.

The link below is for all parent teacher conferences for Thursday, November 14 <u>https://www.signupgenius.com/go/8050545A8AA2BA2F58-parent</u>1 Nov. 14 sign up for Friday, November 15 for most teachers

https://www.signupgenius.com/go/8050545A8AA2BA2F58-parent Nov 15.

Please use this link below for Mrs. Pawlaczyk's Friday conferences

https://www.signupgenius.com/go/8050545a8aa2ba2f58-parentteacher

# **CONGRATULATIONS TO OUR GRETCHKO STARS**

The following students were chosen from our Gretchko Star bins on **November 1, 2019**. Isaiah Jefferson, Roman Garcia, Darius Ford, Kirsten Jackson, Adin Clark, Alexander Kizy, Cameron Vore, Sin'cere Lee, Ethan Mahoney, Cohen Ortner, Raechel Chapman, Larry Metante, Aden Tisher, James Shamoun, Maggie Parker, Marissabella Obua, Parker Elliot, Samuel Mack, and Vineeth Talluri.

# GREAT HOLIDAY GIFT OPPORTUNITY-SEE YOUR STUDENT'S ARTWORK ONLINE

Our school is participating in an Art to Remember project that allows you to purchase keepsake products customized with your child's original artwork. Artwork is on display right now for your review. Purchases can be completed on line or you can send your order to school. Go to **ArtToRemember.com to view and order.** Use the code on your personalized order form that was sent home. Late orders will be accepted until November 6th. Also, a portion of sales will be donated to Gretchko School to supplement our art supplies.



# **GRETCHKO SPEECH TEACHER, MRS. INGRAM, SHARES INFORMATION ON THUMBSUCKING**

Thumbsucking and Your Child

Hello parents! My name is Sue Ingram and I am the speech-language pathologist at Gretchko Elementary School. I work with students who have difficulties understanding and expressing themselves, or have trouble producing age appropriate sounds. Recently I have noticed a number of students who are sucking on their thumbs, fingers, or clothing at school. Please read the information below and feel free to contact me at school if you have any questions. Thumbsucking is a natural reflex for infants and can have a soothing effect on babies. However, some children persist in sucking behaviors even into the school years. Childhood thumb sucking or use of a pacifier can have long term impacts on speech and language development as well as on physical development in the oral cavity. The American Dental Association states that, "If the habit continues beyond the age of five or six, the pressure and sucking motion will begin to make changes to the mouth and teeth." In addition to difficulties with dental and oral structure, prolonged sucking can negatively impact both speech development and language development and socialization.

In the early years, toddlers begin to explore language by engaging in vocal play. Babbling and cooing are part of this play. If toddlers constantly have something in their mouths, they don't explore language like other children. Children need to develop communicative intent which begins with the urge to verbally communicate a message and with having their parent or caregiver respond to this attempt.

Prolonged sucking can produce changes in teeth placement, oral structure and tongue placement. This can affect the production of various sounds including (s, z, t, d, l, n, and j). These sound errors can result in a lisp or even tongue thrusting behaviors. Students who continue to suck their thumbs into the school years are vulnerable to difficulties with socialization and may even be exposed to more germs. Some kids may be teased or left out of group play because of their thumb sucking.

Entering school provides a structured environment in which to encourage your child to stop sucking. If this is still difficult, talk to your pediatrician about ways to help your child with other self-soothing techniques. There are other replacement activities that can be utilized instead of thumb sucking to avoid issues with dentition, oral structure, speech, or language.

# MARK YOUR CALENDAR FOR HEARING SCREENING

Each year the Oakland County Health Department provides hearing and vision screening for elementary age students. Our Preschool, Kindergarten and Second Grade students will receive hearing screening beginning November 22nd.

## **REMINDER - RAPUNZEL - NOVEMBER 26**

Our students will travel by school bus to see the play "Rapunzel" performed by WB high school on November 26. Students will leave Gretchko at 9:30 a.m., travel to the high school, see the play at10:00 a.m. then return to school and continue their school day. Teachers will be the chaperones on the trip. No parent volunteers will be allowed to ride the bus. Although you will be unable to sit with us, parents are welcome to come to the high school and view he play with us. Siblings may also attend.

# **GIRL SCOUT TROOP LOOKING FOR GIRLS**

Newly formed troop at Gretchko - Join the fun!



Make new friends? Discover new passions? She'll do all that and more at Girl Scouts! Whether she's exploring nature and the outdoors, expressing herself through art or music, designing robots or board games, or helping her community through service projects, she'll have a blast as she earns badges in just about anything that piques her interest. Get ready, because she's going to make the world a better place-today and for the next generation!



Date: November 12 Time: 5:45 PM Location: Gretchko I-Center

BECOME A GIRL SCOUT AT gssem.org/join Contact Person: Jessica Cohen & Jessica Adnson, Troop Leaders, gretchkogs@gmail.com Event Details: Come join Kindergarten Daisy Troop 77328 today at our Parent Meeting!

# **COMMUNITY EDUCATION IS HIRING**

### West Bloomfield School District

Bric Whitney Deputy Superintendent Talent Development and Management



WEST BLOOMFIELD SCHOOL DISTRICT Education Students to be their field World FOR the West?

The West Bloomfield School District is currently accepting applications for the following position:

### WEST BLOOMFIELD COMMUNITY EDUCATION KIDS KLUB/TWEEN TIME INSTRUCTORS GRETCHKO ELEMENTARY SCHOOL = 3:45 p.m. – 5:45 p.m. ROOSEVELT ELEMENTARY SCHOOL = 7:15 a.m. – 9:15 a.m./3:45 p.m. – 5:45 p.m. ABBOTT MIDDLE SCHOOL = 2:30 p.m. – 5:30 p.m.

REQUIRED	
QUALIFICATIONS:	<ol> <li>High school diploma.</li> </ol>
	2. Experience with children.
	<ol><li>Good communication skills.</li></ol>
	(Job responsibilities include working with K-8 students.)
RESPONSIBILITIES:	1. Assist the instructor in implementing the program for the students in
	accordance with the policies and philosophy of the school.
	<ol><li>Assist the instructor in providing daily activities for the students.</li></ol>
	<ol><li>Assist the instructor with the organizational duties.</li></ol>
	<ol><li>Attend all staff meetings.</li></ol>
SALARY:	Starting range: \$10.21 - \$10.69 per hour
TO BEGIN:	Immediately after posting
APPLY:	Create or update electronic file at:
	OHRC, Oakland Schools
	Website: www.oakland.k12.mi.us/ohrc
identity), disability, apr, religion,	Constructions on the basis of mail, relative, material argues, and (including sound) exceptions and therappeder height, would therefore a service of the sound of the sound sounds. Protocold Construct, in the programs and activation, including analyses of the sound sounds.

1010 COMMERCE ROAD, WEET BLOOMPIELD, MICHIGAN 40204 TELEPHONE G40 MISH42E FAX (240) 865-6425

# SHUTTLE BUSSES ARE AVAILABLE

**Bus information is NOT available through the Gretchko office**. If you would like to request a shuttle to Scotch, or an area unloading area, the shuttle requests are on the WB website. The shuttle busses are limited and are provided as a first come first served basis. If you are unable to locate the shuttle bus information, please contact the Transportation Department at 248-865-3680. Please be aware we anticipate busses will arrive home late at the start of school. You may be assured that your child's safety is of primary concern to all of us.

# **BOXTOPS UPDATE**

Earning money for your school has never been easier. Simply download the app, choose your school and snap a picture of your receipts! For those of you still clipping the old school way there is a collection box located right outside the office! Please deposit any clippings you currently have before October 18th!

Encourage your friends and family to download the app as well! Grandparents, Aunts & Uncles, Cousins, literally anyone who grocery shops and has a receipt can help Gretchko earn and it adds up quickly!

https://www.boxtops4education.com/-/media/GMI/boxtopsforyoureducation/CRC-Downloads/June\_19/BTFE\_Overview.ashx?la=en

# TOYOLOGY SUPPORTS SCHOOLS WITH SPECIAL SHOPPING DAYS

Toyology Toys is thrilled to continue to support the schools in our community! The holiday shopping season is around the corner, and we would like to offer an <u>additional 5% cashback to</u> <u>your school or organization on November 18th and November 19th!</u> Shop at any Toyology Toys and mention your school or organization at check out, and your school will benefit from 15% back on all purchases. I am attaching a flyer and social media attachment so you may promote these bonus Holiday Shopping Days

# **FIT WITH FAMILY PHOTOS**

Ms. Hubbard is putting up a Fit With Family board outside the gymnasium. We want students to take action and be active outside of school with their families! We would like you to share your family's "being fit" photos. What type of pictures do we want on the wall? A group running picture, playing a sport as a family, dancing, or any other type of physical activity! Who should be in the picture? Your student and one or more family members. Have your student bring the picture in to class on their P.E. day, they will share with the class what physical activity they did with their family, and Ms. Hubbard will put the photo up on the Fit With Family Wall. If you have any questions feel free to email her - <u>emily.hubbard@wbsd.org</u>

# WB DISTRICT MEDICATION POLICY

The WBSD Medication policy prohibits students from carrying any medication with them at school. All medication, both over-the-counter and prescribed, must be brought to the school office by a parent or guardian and will be administered from the main office only. In order for us to administer medication (over-the-counter and prescribed) the **WBSD Medication Forms, completed and signed by your students' physician, must be on file**. Please remember that all prescription medications must be in the original prescription container with your student's name and physician's instructions.

# LOST AND FOUND

Our lost and found is located at the center of the back of the building. Several items are already piling up. Please mark your student's items with their name. Often students have the same lunch box, sweater, shirt, hat, etc. of other students at school.

# **CALENDAR OF UPCOMING EVENTS**

November 8 - Vision Screening November 8 - Bagel Day (\$1.00 each) November 13 - Vision Screening November 15 - WB Annual Trivia Night - Blessings Fund Raiser November 22 Bagel and Spirit day - Crazy Hair Day! November 25 - Hearing Screening November 25 - Decorative box Marco's pizza night November 26 - Hearing Screening November - Gretchko students see "Rapunzel" at WBHS November 26 - Decorative box Marco's pizza night November 27 - Decorative box Marco's pizza night December 27 - Hearing screening December 3 - Hearing screening December 4 - Hearing Screening December 20 - Bagel & Spirit Day - Holiday Spirit Gear!

## **IMPORTANT CONTACTS**

Office phone Phone - 248-865-6570

November 22 Hearing Screening

Sally Drummond-principal email - <u>sally.drummond@wbsd.org</u> Kitrina Van Meter-principal's secretary email - <u>kitrina.van-meter@wbsd.org</u> Suzanne Pokley-building secretary - email - <u>suzanne.pokley@wbsd.org</u>

School answering machine - safeline - 248 - 865-6572 -

# **GRETCHKO STARS**

5300 Greer Road, West Bloomfield Township, MI, U...
 (248)865-6570
 wbsd.org/Domain/12

# **CODE OF CONDUCT**

Below is the link for parents to have the opportunity to review the West Bloomfield School District's Code of Conduct. Please go to the following link to review

WBSD Code of Conduct

## PTO BOARD MEMBERS -2019-2020

<u>PTO Board for 2019-2020 School Year</u> Co-President: Katie Palazzolo / Ashleigh Davis Co-Vice President: Amy Risius/Stephanie Reynolds Co-Treasurer: Ufuoma Kaplan/Vanity Koop Recording Secretary: Heather Aldrich Co-Corresponding Secretary: Juliet Jozwick /Erica Daenzer Board Advisor: Kelly Robrahn